

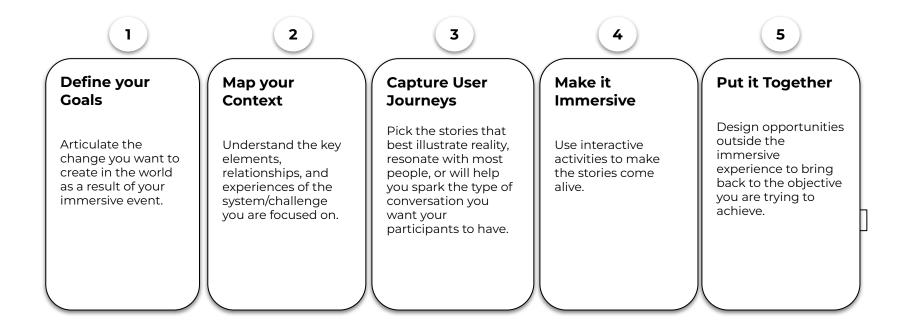
A Guide to Designing an Immersive Experience

J LOTI_LDN

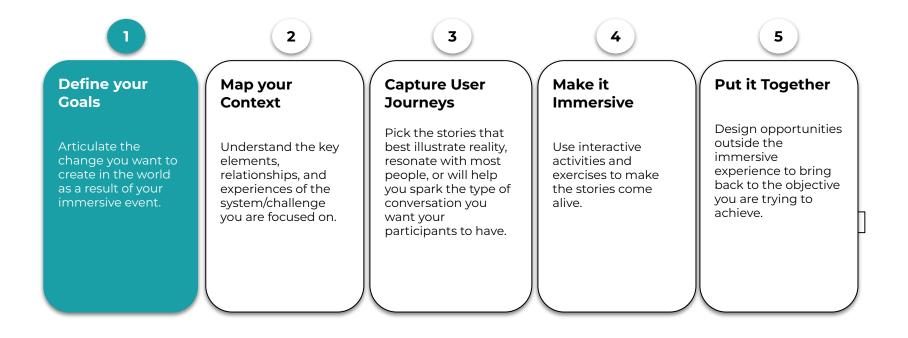
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Estimated time: 2-3 hours

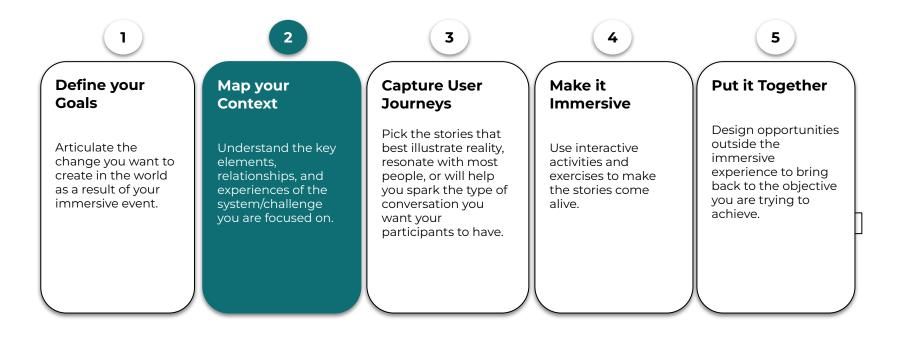
Define your goals

- Identify your primary goal(s)
- Determine your target audience
- Establish how you will measure success

Guiding questions:

- What do you want participants to experience/empathise with?
- What insights do you want to bring out through the event?
- What outputs will you take away from the session?

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Estimated time: 2-3 months

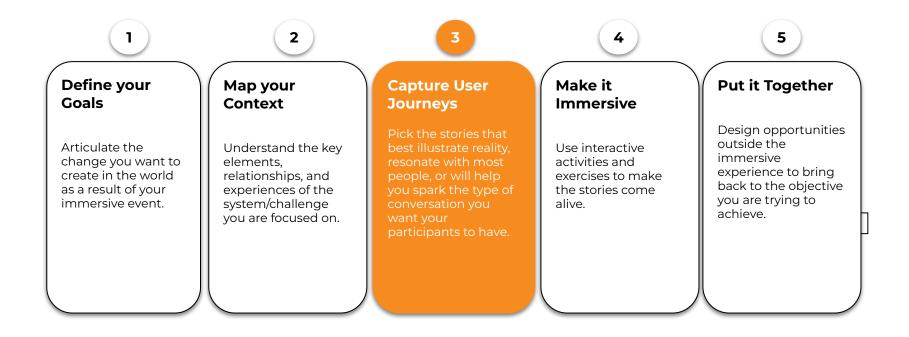
Map the context

- Conduct desk research to become familiar with the system
- Identify key individuals involved
- Conduct interviews to understand structure, challenges, and processes in the system
- Map your understanding of the overall system (see <u>guide</u>)

Suggestions:

- Start interviews with individuals who are experts in the overall system and move towards those with day-to-day experience on the ground
 - Understanding the experiences of individuals 'using' the service will help establish the experience you want participants to engage with
 - Understanding the structure and process from the perspective of those delivering the service will help design the activities
- Map out key parts of system from the start and iterate as you go







Estimated time: 2-3 weeks

Capture User Stories

- Identify key pain points to highlight in your immersive event
- Review anecdotes that came up in interviews / desk research
 - Conduct additional interviews with service users / frontline workers at this stage if necessary
- Select anecdotes that cover identified pain points
- Draw a storyboard (comic) to bring the stories to life (see <u>guide</u>)

Note:

- The system map can be a useful tool to use in interviews and capture user journeys
- Aim to end up with no more than 2 stories, each highlighting about 3 pain points
- You may want your stories to be A) reflective of a large population's experience or B) specific to one group's experience, depending on the goals of your event
- User tools like Canva to generate images for your comics and easily design them

Guide

Storyboarding

- Divide your story into 3 distinct 'acts', each composed of a few different scenes (this helps structure the storyboard)
- Give each 'act' the following elements:
 - Key event
 - Sub events that lead to the key event
 - \circ Setting
 - Characters (note that while you may have an actor for the main character, other characters can be represented in other ways without hiring an actor. Eg: a recorded voice, a mention by the facilitator, etc)
- Ensure the acts build on each other and end by the end of the third act
 - The final act may resolve the story or leave the reader with a question

See <u>example</u> on next page.





Storyboarding Example

Story: Mrs. S

Main pain points:

Lack of access to primary care and community services

Long stays in hospital

Challenges in finding appropriate care setting

ACT 1: Mrs. S falls ill

- Key event: Has to call an ambulance in distress
- Sub events:
 - a. Living independently
 - b. Starts to feel ill
 - c. Tries to call GP but cannot
 - d. Tries to go to pharmacy but wait is long
 - e. Community service shuts down
 - f. Niece finds her quite ill
 - Setting: Home
 - Characters: Niece, Community organisatior staff member, pharmacia

ACT 2: Mrs. S' hospital stay

- Key event: Hospital stay leads to complex care needs
- Sub events
 - a. Has to wait for long for a bed
 - b. Disoriented due to disruption in medications
 - c. Develops and infection
 - d. Ready to be discharged needs increased reablement support
- Setting: Hospital
- Characters: Hospital nurse
 Niece

ACT 2: Finding Mrs. S a Care Home

- Key event: She is moved to a care home and her family is worried
- Sub events:
 - a. Mrs S is assessed by staff member of a care home
 - b. Care home unable to support
 - c. Additional assessments
 - d. Family is worried and confused
- Setting: Hospital
- Characters: Care home assessor, Mrs. S' family



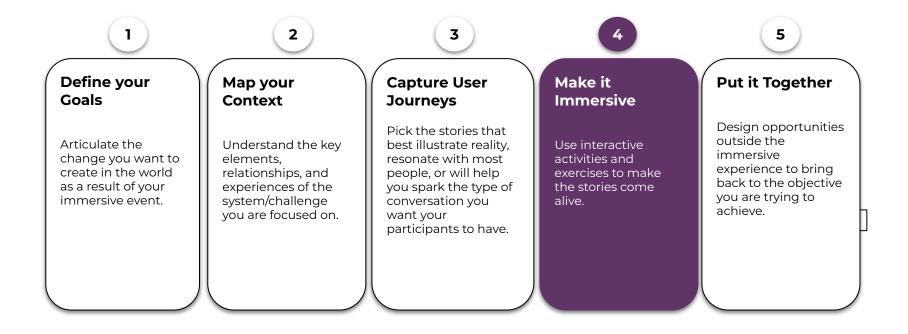
Storyboarding Example

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		Some sub-events may take multiple panels to
Sub-event a	Sub-event b	Sub-event b
Sub-event c	Sub-event c	Sub-event d
Sub-event e	Sub-event e	Sub-event f





Make it immersive

Estimated time: 3-4 weeks

- List out the pain points from your story
- Match the experience to possible activities or mechanics from the next page
- While designing the activity, think about:
 - Whose experience you want the participants to engage with
 - What you want the participants to do
 - What key takeaway you want them to leave with
- Write out the whole experience out using the <u>template</u> provided
- Hire actors and props based on your stories

Note:

- Test out each activity with your team and make adjustments as needed
- The possible mechanics on the next page are a few suggestions, feel free to look at online resources for more ideas
- Am immersive theatre consultant or game designer can be a helpful ally in this process
- Consider smells / sounds that will add to the overall experience
- Ensure at least 3 rehearsals with actors and narrator before the event!

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Guide

Immersive Mechanics/ Activities

Flashcards of Bad News

Hand out numbered flashcards in an envelope at the start of the event to participants at random. Let them know that they will need to open their envelope and read the card aloud to move the story along when prompted.

Form-filling Challenges

Distribute forms (e.g., hospital discharge papers, service applications) and ask participants to complete them during a scenario. Highlight the complexity, emotional strain, or systemic inefficiencies tied to the process.

Decision Making Scenarios

Present dilemmas where participants must choose between competing priorities (this can be through a simple methods like a vote of raised hands). Allow them to experience the consequences of their decisions during the event.

Time Limited Tasks

Set a strict timer for participants to complete specific tasks. Mimic real-world urgency and demonstrate how pressure influences decisions and outcomes.

*Note: This list of activities has been curated to ensure accessibility for participants who might not be comfortable with an immersive experience yet. It avoids putting any one person under scrutiny or on the spot to come up with creative responses



Guide

Immersive Mechanics/ Activities

Mindfulness Exercises

Ask participants to close their eyes and guide them through a vivid narrative spoken by an actor or facilitator. The actor describes an experience in detail (e.g., waiting in the ER), prompting participants to imagine themselves in that situation.

Fragmented Information

Divide participants into 2 sections and provide incomplete or conflicting data. Challenge them to come to a decision given their information and highlight the differences in decisions.

Prioritisation Simulation

Present participants with a collection of tasks, requests, or information—this could be in the form of an inbox, a stack of documents, a queue of patients, or a digital dashboard. Ask them to sort, prioritize, or respond within a set time limit.

Trade-off Auction

Set up an activity where participants "bid" resources (time, budget, staff) on competing priorities. Track what they spend and the trade-offs they're forced to make to meet their goals.

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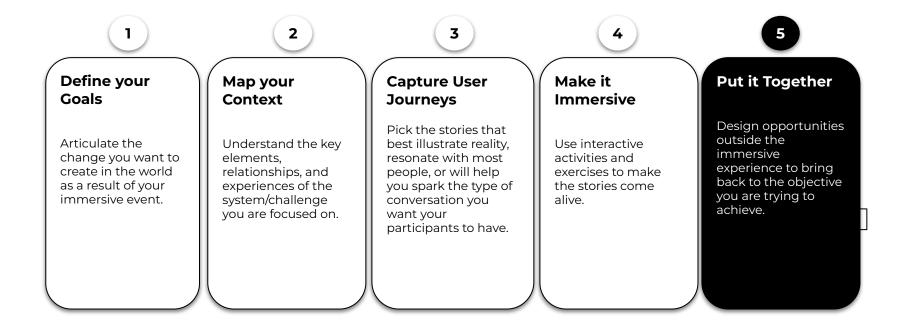




Immersive Experience Design Template

Set Design	Event	Sub-event	Experience	Materials Needed
Where will the scene take place? Tip: Ensure no more than 1-2 sets for your experience	One sentence outlining what the key point of this scene is	Write out detail about how this plays out	Eg: Actor speaking, Narrator voiceover, Immersive Mechanic (name)	Materials needed for this scene, including: Props for the set Assets for moments of interaction, if any







Estimated time: 1-2 weeks

Put it all together

- Design your agenda for the day
- Split the immersive experiences into separate parts of the day
- Design breakout sessions after each one to facilitate discussions, brainstorm ideas, and come away with outputs based on your goals for the event

Note:

- Give participants a few minutes after the experience to reflect, process, and internalise the experience
- Keep your breakout session activities simple and focused on 1-2 key outcomes
- Keep the size of each breakout session to no more than 10-15 participants
- Anchor the discussions to the stories experienced in the immersive event as a jumping off point

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